

RSD School Uniform Regulations (May 2026)

Boys' Uniform (May 2026)

1. A single-breasted regulation RSD **blazer** (to be worn throughout the year).
2. An RSD tie. Only Junior School ties are available in the shops. The Senior School tie is available from the Bursar's office.
3. A white shirt, buttoning at the neck.
4. Mid-grey worsted regulation trousers. (Light grey, charcoal or black are **not** acceptable). Exaggerated styles are not permitted. No turn-ups or pleats. Belts (if worn) should be plain black or dark brown with plain buckles.
5. Plain black shoes. Shoes with very heavy soles or high heels and other exaggerated styles are not permitted, as are parti-coloured footwear and laces. **Boots are not acceptable i.e. anything above ankle height.**
6. Socks should be plain and dark in colour (grey, black, navy) and cover the ankle completely. (i.e. trainer/liner socks are not permitted).
7. If pullovers are worn, they should be plain mid-grey, finely-knit with a v-neck. The V neck ribbing is not broader than 1 cm (approx.).
8. Navy blue, brown, black or grey coats and any other approved outer wear are acceptable. The wearing of hoodies either under or over a blazer is not acceptable.
9. Outdoor uniform may include an RSD scarf (or a Senior School college-type scarf, available only from school). Baseball caps and 'beanies' are not permitted.
10. The wearing of jewellery (including wristbands) or piercings is not permitted with school uniform. Jewellery worn in school may be confiscated. Only in the Sixth Form, a single ring on each hand may be worn provided it is not considered to be potentially dangerous to the wearer or others. Tattoos are not permitted to be visible at any time.
11. Hair should be worn in a reasonable manner. Excessive hairstyles (e.g. unnatural colours, tightly shaven sides, Mohican) are not permitted. Hair gel should not be used for "spiking" styles. Hair dye or tints, if used, must not alter the normal appearance excessively and colouring should only be single, natural and neutral tones. Boys' hair which covers the collar, or which falls over their eyes or face is regarded as being too long for school. Boys are also required to be cleanly shaven.
12. Books should be carried in a schoolbag which gives good protection against wear and tear; shopping bags and baskets are not considered suitable.

The regulations about uniform will be enforced and pupils who infringe them may be sent home.

Individualism is not an acceptable reason to depart from the regulations. The school reserves the right to issue further guidance to pupils during the school year in the event of fashion trends impacting adversely on pupil appearance.

Those who are in any doubt about the interpretation of the regulations should consult their Form Tutor **before** buying new clothes or footwear for school. Parents are advised to contact the school if they have any further queries.

Boys seeking temporary permission to wear to school some article of clothing that does not conform with the regulations should bring a note from home to their Form Tutor.

Pupils are allowed to wear full PE kit to school instead of uniform on the day when they have PE or Games only. PE kit may not be worn on any other school day or for any other reason. Permission to wear PE kit on any other occasion (e.g. team travel to a Saturday match) may only be given by the Heads of PE or the Headmaster/Deputy Head. For pupils in Years 8-12 this will mean a maximum of two days per week wearing PE kit (for PE lessons and Games) and for pupils in Years 13 and 14 a maximum of one day per week (Senior Games).

Uniform and Equipment for Boys' PE and Games (May 2026)

Compulsory Items for PE classes (and athletics in the summer term):

- A regulation school t-shirt (preferred)*
- A pair of regulation school rugby shorts
- A pair white ankle socks
- A pair of sports trainers with non-marking soles
- A pair of swimming trunks

Compulsory Items for Games classes (rugby in winter and spring terms):

- A regulation school rugby shirt
- A pair of regulation school rugby shorts
- A pair of regulation school rugby socks
- A pair of rugby boots
- A mouthguard
- A sports bag

Optional Items:

- A regulation school waterproof smock jacket (this item would be more useful than the hoodie when training in inclement weather)
- A pair of regulation tracksuit bottoms (preferred) +
- A regulation hoodie

* Boys may wear a plain white t-shirt (ie manufacturer's small logos only) instead of the regulation badged t-shirt and a pair of white ankle socks instead of a pair of regulation rugby socks for PE.

+ Non regulation tracksuits must be navy in colour, with manufacturers' small logos only. As an alternative to the regulation tracksuit, boys may wear plain navy tapered tracksuit bottoms.

All School rules apply whether in or out of school, whether in or out of school uniform, when travelling to and from school, representing the School or involved in school trips or activities. When leaving school, pupils must be (a) in full school uniform or (b) in full RSD track suit.

For after school and Saturday morning rugby practices boys may wear replica rugby shirts and socks associated with club, provincial and international teams. Black training shorts are also acceptable.

Should a pupil have a legitimate medical reason for not being able to wear a mouthguard, this should be communicated and supported by a submission in writing and confirmed by a recognised medical practitioner/dentist to the school. The teachers and coaches will educate and remind pupils of the importance of wearing a mouthguard, and will regularly check pupils have their mouthguards at the start of a match or at training. If a pupil decides to not wear a mouthguard, or removes the mouthguard during play, then this will be done at the pupil's own risk.

All items of clothing and games equipment should be clearly marked with the owner's name.

Only the Authorised Stockists and the School can be relied on to give correct advice on the details of the School Uniform:-

Tux and Tails, 5 Ranfurly Road, Dungannon Tel: 028 8772 9762

Daisy Lane Boutique, 124 Moore Street, Aughnacloy Tel: 028 8555 7598

RSD School Uniform Regulations (May 2026)

Girls' Uniform (May 2026)

1. A single-breasted regulation RSD blazer (to be worn throughout the year).
2. An RSD tie. Only Junior School ties are available in the shops. The Senior School tie is available from the Bursar's office.
3. A long-sleeved white shirt, buttoning to the neck. (Short sleeved may be worn in the summer term.)
- 4.(a) **Years 8, 9 and 10**
 - (i) A RSD regulation kilted skirt worn no shorter than knee length. If the skirt needs to be replaced in Year 9 or Year 10, girls may wear the regulation senior skirt with inverted pleats.
 - (ii) If pullovers are worn, they should be plain mid-grey, finely-knit with a v-neck. The V neck ribbing is not broader than 1 cm (approx.).
 - (iii) White knee socks or mid-grey thick plain school tights may be worn. Up to the October half term break and in the Summer Term, white ankle socks may be worn. Advice is available from the authorised stockists.
- (b) **Years 11 - 14**
 - (i) A RSD regulation mid-grey skirt (pencil with two short inverted pleats at the front and back) worn no shorter than knee length.

All stockists have been advised on appropriate skirt length and girls will be asked to replace skirts that do not meet this requirement. Parents should ensure that this rule is observed as it will be enforced strictly at school. When skirts are bought they should be long enough to allow for growth during the year.

Two versions of the skirt are available (a) Wool blend (b) poly-viscose blend. The only suitable make for both is sold under the trade name KK Model.
 - (ii) If pullovers are worn, they should be plain mid-grey, finely-knit with a v-neck. The V neck ribbing is not broader than 1cm (approx.)
 - (iii) Mid-brown nylon tights or mid grey thick plain school tights or mid grey 60 denier (or more) tights may be worn. Advice is available from the authorised stockists.
- (c) **All Years:** Girls may wear trousers as provided by the RSD stockists and in direct consultation with the school.
5. Plain, flat broad heeled sturdy shoes in black. No other colours are permitted. Low-cut, pointed, light-weight shoes are not considered acceptable. Heels must not be higher than 3cm for safety reasons. No narrow or stiletto heels allowed. Boots may be worn in severe weather, but they should be changed to shoes on arrival at school.
6. A navy blue, brown, black or grey school overcoat (to cover blazer), straight or belted, with or without hood. The wearing of hoodies either under or over a blazer is not acceptable.
7. Outdoor uniform may include an RSD scarf (or Senior School college-type scarf - available only from school).
8. The wearing of jewellery (including wristbands) or piercings is not permitted with school uniform. However, girls are allowed to wear a single stud earring in each ear, in silver or gold, on the lower lobe. No other style of earring is permitted, nor is the wearing of multiple earrings or earrings higher on the ear. Girls choosing to wear earrings will not be permitted to wear these during PE or Games and the earrings must be removed and stored safely in accordance with PE department instructions. Jewellery worn in school may be confiscated. Only in the Sixth Form, a single ring on each hand may be worn provided it is not considered to be potentially dangerous to the wearer or others. Tattoos are not permitted to be visible at any time.
9. Girls are required to keep their hair tidy. Hair should be worn in a reasonable manner. Excessive hairstyles (eg unnatural colours, tightly shaven sides, Mohican) are not permitted. Hair gel should not be used for "spiking" styles. Hair dye or tints, if used, must not alter the normal appearance excessively and colouring should only be single, natural and neutral tones.
10. Nails should be natural in colour and should be an appropriate and safe length for a working environment. Natural nails with a plain French manicure are allowed but extensions or artificial nails are not. The only

makeup permitted is a light foundation to cover skin blemishes and it must be natural in appearance. Only light eye makeup may be worn.

11. Books should be carried in a schoolbag which gives good protection against wear and tear; shopping bags and baskets are not considered suitable.

Those who are in any doubt about the interpretation of the regulations should consult their Form Tutor **before** buying new clothes or footwear for school. Parents are advised to contact the school if they have any further queries.

Individualism is not an acceptable reason to depart from the regulations. The school reserves the right to issue further guidance to pupils during the school year in the event of fashion trends impacting adversely on pupil appearance.

Girls seeking temporary permission to wear to school some article of clothing that does not conform with the regulations should bring a note from home to their Form Tutor.

Pupils are allowed to wear full PE kit to school instead of uniform on the day when they have PE or Games only. PE kit may not be worn on any other school day or for any other reason. Permission to wear PE kit on any other occasion (e.g. team travel to a Saturday match) may only be given by the Heads of PE or the Headmaster/Deputy Head. For pupils in Years 8-12 this will mean a maximum of two days per week wearing PE kit (for PE lessons and Games) and for pupils in Years 13 and 14 a maximum of one day per week (Senior Games).

Uniform and Equipment for Girls' PE and Games (May 2026)

Compulsory Items for PE classes (and athletics in the summer term):

- A regulation polo shirt (preferred)*
- A regulation maroon skort
- A pair of regulation hockey socks*
- A pair of sports trainers with non-marking soles
- A one-piece swimming costume

Compulsory Items for Games classes (hockey in the winter and spring terms):

- A pair of regulation hockey socks
- A mouthguard
- A hockey stick[#]
- A sports bag or hockey bag

Optional Items:

- A regulation waterproof smock jacket
- A pair of regulation tracksuit bottoms (preferred)⁺
- A regulation hoodie
- A pair of RSD **plain dark** sports leggings may be worn as explained below.

* Girls may wear a plain white polo shirt (ie manufacturer's small logos only) instead of the regulation school badged polo shirt and a pair of white ankle socks instead of a pair of regulation hockey socks for PE.

[#] Girls who do not already have a hockey stick, will be given advice regarding purchase by the PE Staff at the start of the year.

⁺ Non regulation tracksuit bottoms must be navy in colour, with manufacturers' small logos only. As an alternative to the regulation tracksuit, girls may wear plain navy sports leggings (i.e. not fashion leggings)

Leggings are NOT to be worn during normal indoor PE classes when full RSD regulation PE kit should be worn. Girls are permitted to wear regulation tracksuits or plain navy sports (i.e. not fashion) leggings during games, outdoor PE classes and after school practices as an alternative to the normal skort. If in doubt, girls should come prepared for both indoor and outdoor activities. In addition, girls may also wish to wear the waterproof smock jacket or hoodie for outdoor activities.

All School rules apply whether in or out of school, whether in or out of school uniform, when travelling to and from school, representing the School or involved in school trips or activities. When leaving school, pupils must be (a) in full school uniform or (b) in full RSD track suit.

Should a pupil have a legitimate medical reason for not being able to wear a mouthguard, this should be communicated and supported by a submission in writing and confirmed by a recognised medical practitioner/dentist to the school. Our teachers and coaches will educate and remind pupils of the importance of wearing a mouthguard, and will regularly check pupils have their mouthguards at the start of a match or at training. If a pupil decides to not wear a mouthguard, or removes the mouthguard during play, then this will be done at the pupil's own risk.

It is also recommended that pupils who are selected for hockey teams wear astro turf trainers when playing on astro pitches.

All items of clothing and games equipment should be clearly marked with the owner's name.

Only the Authorised Stockists and the School can be relied on to give correct advice on the details of the School Uniform:-

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