

## School Uniform Regulations (May 2018)

### Girls' Uniform (May 2018)

1. A single-breasted regulation RSD blazer (to be worn throughout the year).
2. An RSD tie. Only Junior School ties are available in the shops. The Senior School tie is available from the Bursar's office.
3. A long-sleeved white shirt, buttoning to the neck. (Short sleeved may be worn in the summer term.)
- 4.(a) **Years 8, 9 and 10**
  - (i) A RSD regulation kilted skirt (mid knee length).
  - (ii) If jumpers are worn, they should be of the RSD regulation type in plain mid-grey, finely-knit with a v-neck. The V neck ribbing is not broader than 1 cm (approx.). Currently "TRUTEX" is the only acceptable make.
  - (iii) White knee socks or mid-grey thick plain school tights may be worn. Up to the October half term break and in the Summer Term, white ankle socks may be worn. For illustration purposes only, the following are examples of suitable tights:  
<http://www.marksandspencer.com/3-pairs-of-school-tights/p/p22158261>  
<https://www.tesco.com/direct/ff-2-pack-of-marl-opaque-tights/506-6723.prd>  
Advice also available from the authorised stockists.
- 4.(b) **Years 11 - 14**
  - (i) A RSD regulation mid-grey skirt (pencil with two short pleats at the front and back). The only suitable make is sold under the trade name KK Model. **Skirts must be mid knee length (or longer). Parents should ensure that this rule is observed as it will be enforced strictly at school. When skirts are bought they should be long enough to allow for growth during the year.**
  - (ii) If pullovers are worn, they should be of the RSD regulation type in plain mid-grey, finely-knit with a v-neck. The V neck ribbing is not broader than 1cm (approx.) Currently "TRUTEX" is the only acceptable make.
  - (iii) Mid-brown nylon tights or mid grey thick plain school tights or mid grey 60 denier (or more) tights may be worn. For illustration purposes only, the following are examples of suitable tights:  
<http://www.marksandspencer.com/3-pairs-of-school-tights/p/p22158261>  
<https://www.tesco.com/direct/ff-2-pack-of-marl-opaque-tights/506-6723.prd>  
<http://www.marksandspencer.com/2-pairs-of-60-denier-opaque-tights/p/p22120041>  
Advice also available from the authorised stockists.
5. Plain, flat broad heeled sturdy shoes in black. No other colours are permitted. Low-cut, pointed, light-weight shoes are not considered acceptable. Heels must not be higher than 3cm for safety reasons. No narrow or stiletto heels allowed. Boots may be worn in severe weather, but they should be changed to shoes on arrival at school.
6. A navy blue, brown, black or grey school overcoat (to cover blazer), straight or belted, with or without hood. The wearing of hoodies either under or over a blazer is not acceptable.
7. Outdoor uniform may include an RSD scarf (or Senior School college-type scarf - available only from school).
8. Girls in Years 8-12 are not permitted to wear jewellery with school uniform; this includes studs or sleepers in pierced ears and wristbands. Jewellery worn in school may be confiscated. Only in the Sixth Form a single ring on each hand may be worn provided it is not considered to be potentially dangerous to the wearer or others. Girls in Years 13 and 14 only are allowed to wear a single stud earring in each ear, in silver or gold, on the lower lobe. No other style of earring is permitted, nor is the wearing of multiple earrings or earrings higher on the ear. Girls choosing to wear earrings will not be permitted to wear these during PE or Games and the earrings must be removed and stored safely in accordance with PE department instructions. Tattoos are not permitted to be visible at any time.
9. Girls are required to keep their hair tidy. Hair should be worn in a reasonable manner. Excessive hairstyles (eg unnatural colours, tightly shaven sides, mohican) are not permitted. Hair gel should not

be used for “spiking” styles. Hair dye or tints, if used, must not alter the normal appearance excessively and colouring should only be single, natural and neutral tones.

10. Nail varnish may not be worn in school. Girls are permitted to wear light foundation makeup to cover skin blemishes and it must be natural in appearance. Girls may also wear **light, natural** eye make and a **natural** coloured lip gloss if desired.
11. Books should be carried in a schoolbag which gives good protection against wear and tear; shopping bags and baskets are not considered suitable.

The regulations about uniform will be enforced and pupils who infringe them may be sent home.

Those who are in any doubt about the interpretation of the regulations should consult their Form Tutor **before** buying new clothes or footwear for school. Parents are advised to contact the school if they have any further queries.

Girls seeking temporary permission to wear to school some article of clothing that does not conform with the regulations should bring a note from home to their Form Tutor.

Pupils representing the school in sports fixtures may wear a full RSD tracksuit as directed by the teacher/coach in charge.

## Uniform and Equipment for Girls' PE and Games (May 2018)

### Compulsory Items for PE classes (and athletics in the summer term):

- A regulation polo shirt (preferred)\*
- A regulation maroon skort
- A pair of regulation hockey socks\*
- A pair of sports trainers with non-marking soles
- A one-piece swimming costume

### Compulsory Items for Games classes (hockey in the winter and spring terms):

- A pair of regulation hockey socks
- A mouthguard
- A hockey stick\*
- A sports bag or hockey bag

### Optional Items:

- A regulation waterproof smock jacket
- A pair of regulation tracksuit bottoms (preferred)
- A regulation hoodie
- A pair of RSD sports leggings\* may be worn as explained below.

\* Girls may wear a plain white polo shirt (ie manufacturer's small logos only) instead of the regulation school badged polo shirt and a pair of white ankle socks instead of a pair of regulation hockey socks for PE classes. Girls may also wear a pair of plain navy or plain black sports leggings (i.e. not fashion) instead of the RSD sports leggings.

\* Girls who do not already have a hockey stick, will be given advice regarding purchase by the PE Staff at the start of the year.

· Non regulation tracksuit bottoms must be navy in colour, with manufacturers' small logos only.

Leggings are NOT to be worn during normal indoor PE classes when full RSD regulation PE kit should be worn. Girls are permitted to wear regulation tracksuits or leggings during games, outdoor PE classes and after school practices as an alternative to the normal skort. If in doubt, girls should come prepared for both indoor and outdoor activities. In addition, girls may also wish to wear the waterproof smock jacket or hoodie for outdoor activities.

***All School rules apply whether in or out of school, whether in or out of school uniform, when travelling to and from school, representing the School or involved in school trips or activities. When leaving school, pupils must be (a) in full school uniform or (b) in full RSD track suit.***

Should a pupil have a legitimate medical reason for not being able to wear a mouthguard, this should be communicated and supported by a submission in writing and confirmed by a recognised medical practitioner/dentist to the school. Our teachers and coaches will educate and remind pupils of the importance of wearing a mouthguard, and will regularly check pupils have their mouthguards at the start of a match or at training. If a pupil decides to not wear a mouthguard, or removes the mouthguard during play, then this will be done at the pupil's own risk.

It is also recommended that pupils who are selected for hockey teams wear astro turf trainers.

**All items of clothing and games equipment should be clearly marked with the owner's name.**

**Only the Authorised Stockists and the School can be relied on to give correct advice on the details of the School Uniform:-**

Horace McMullan, 21 Scotch Street, Dungannon Tel: 028 87 722833

G. Cuddy Drapery, 10 Market Square, Dungannon Tel: 028 87 722325

Paul's Drapery, 5 The Linen Green, Moygashel, Dungannon Tel: 028 87 724875